



## ■ Sizing guide

### MEN

ONE PIECE SUIT & JACKETS					
SIZE TO BUY			MEASURED SIZE		
RST SIZE			CHEST		
INTERNATIONAL	UK	EU	INCHES	CM	
XS	38	48	36-38	91-97	
S	40	50	38-40	97-102	
M	42	52	40-42	102-107	
L	44	54	42-44	107-112	
XL	46	56	44-46	112-117	
2XL	48	58	46-48	117-122	
3XL	50	60	48-50	122-127	
4XL	52	62	50-52	127-132	
5XL	54	64	52-54	132-137	
6XL	56	66	54-56	137-142	
7XL	58	68	56-58	142-147	
8XL	60	70	58-60	147-152	

JEANS								
SIZE TO BUY			MEASURED SIZE					
RST SIZE			WAIST ACTUAL		SHORT LEG LENGTH	REGULAR LEG LENGTH	LONG LEG LENGTH	
INTERNATIONAL	UK	EU	INCHES	CM				
XS	28	38	30-32	76-81	LESS THAN 31" / 79cm	BETWEEN 31" / 79cm and 33" / 84cm	GREATER THAN 33" / 84cm	
S	30	40	32-34	81-86				
M	32	42	34-36	86-91				
L	34	44	36-38	91-97				
XL	36	46	38-40	97-102				
2XL	38	48	40-42	102-107				
3XL	40	50	42-44	107-112				
4XL	42	52	44-46	112-117				
5XL	44	54	46-48	117-122				
6XL	46	56	48-50	122-127				
7XL	48	58	50-52	127-132				
8XL	50	60	52-54	132-137				

### LADIES

ONE PIECE SUIT & JACKETS					
SIZE TO BUY			MEASURED SIZE		
RST SIZE			CHEST	WAIST	HIP
INTERNATIONAL	UK	EU	CM	CM	CM
XS	8	36	89-92	70-74	95-99
S	10	38	93-96	75-79	100-104
M	12	40	97-101	80-84	105-109
L	14	42	102-106	85-90	110-115
XL	16	44	107-112	91-96	116-121
2XL	18	46	113-118	97-102	122-127
3XL	20	48	119-124	103-108	128-133
4XL	22	50	125-130	109-114	134-139

JEANS					
SIZE TO BUY			MEASURED SIZE		
RST SIZE			WAIST	SHORT LEG LENGTH	REGULAR LEG LENGTH
INTERNATIONAL	UK	EU	CM		
XS	8	36	70-74	LESS THAN 30" / 76cm	GREATER THAN 30" / 76cm
S	10	38	75-79		
M	12	40	80-84		
L	14	42	85-90		
XL	16	44	91-96		
2XL	18	46	97-102		
3XL	20	48	103-108		
4XL	22	50	109-114		

### FOOTWEAR

COUNTRY	SIZES												
UK	3	4	5	5,5	6	7	8	9	10	10,5	11	12	13
USA	4	5	6	6,5	7	8	9	10	11	11,5	12	13	14
EU	36	37	38	39	40	41	42	43	44	45	46	47	48

### GLOVES

SIZES	7-XS	8-S	9-M	10-L	11-XL	12-XXL
LENGTH (cm)	20,2	21,6	22,4	23,2	24	24,8
WIDTH (cm)	8,5	9	9,5	10	10,5	11
WRIST CIRCUMFERENCE (cm)	8,5	9,5	10,5	11,5	12,5	13,5

### HOW TO MEASURE ?

A. CHEST	Measure around the fullest part, under the armpits, keep tape horizontal.
B. WAIST	Measure around your waist, where you usually place your belt when wearing everyday trousers.
C. HIP	Measure around your the fullest and widest part of your hip/rear, keep tape horizontal.

If you are unsure about your measurement, our sizing reflect the size from everyday clothing brands. If you currently wear a size 36 jean, please order an RST size 36. For additional sizing information, please email RST moto or visit your local RST dealer.

